

# OSI Connect/ Connexion TSO

Developed by The Royal Ottawa Mental Health Centre:  
Operational Stress Injury Clinic on behalf of the OSI Network  
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Mental Health Centre  
Centre de santé mentale  
Royal Ottawa

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Institut de l'étude de la santé  
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## Joint Network of OSI & OTSSC Clinics

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## What is an OSI Clinic?

An Operational Stress Injury (OSI) Clinic is a clinic fully funded by Veterans Affairs Canada and receives referrals from Veterans Affairs Canada, Department of National Defence and Royal Canadian Mounted Police.

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## How OSI Connect came to be

In December of 2012 the Royal Ottawa OSI Clinic was asked to lead the development of a mobile app to promote the network of OSI Clinics, gather Canadian information in one location and to reach clients, and their family members, in a more timely manner.

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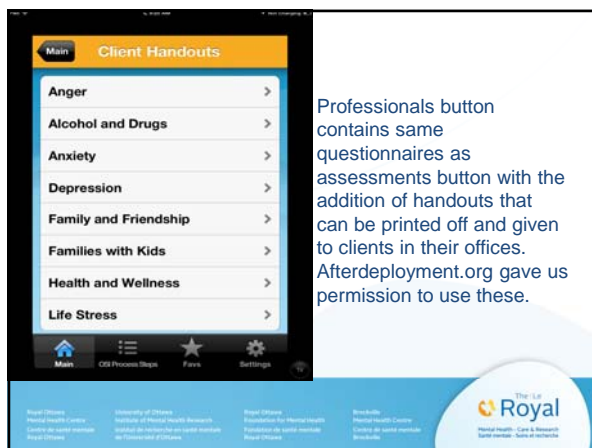
University of Ottawa  
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Royal Ottawa  
Fédération des services de santé  
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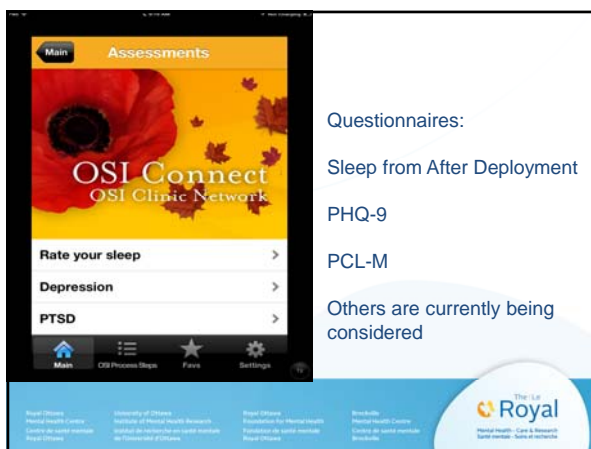
Brookville  
Mental Health Centre  
Centre de santé mentale  
Brookville



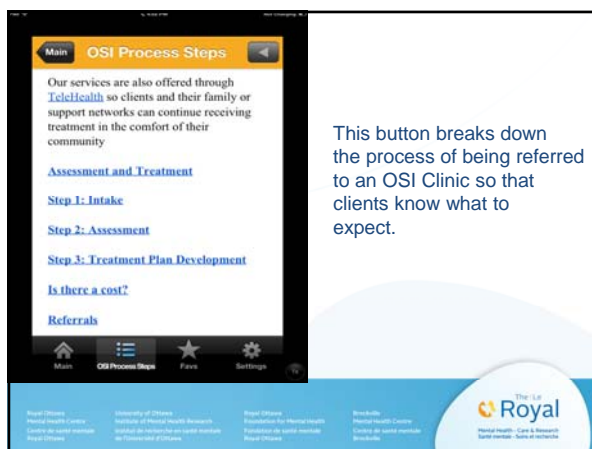
Officially launched with Minister of Veterans Affairs June 2013.



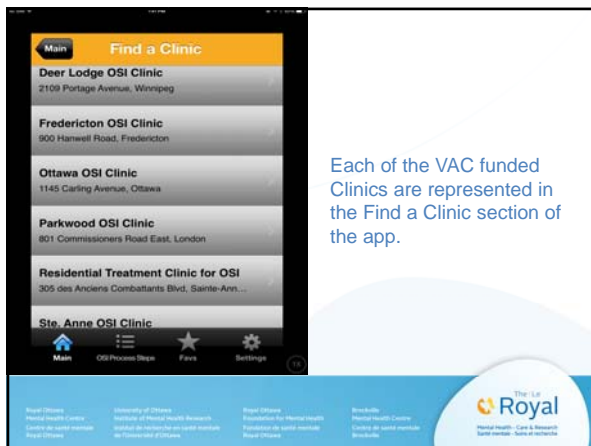
Professionals button contains same questionnaires as assessments button with the addition of handouts that can be printed off and given to clients in their offices. Afterdeployment.org gave us permission to use these.



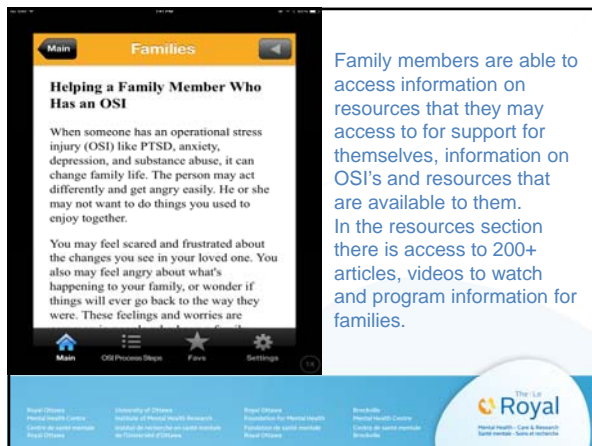
Questionnaires:  
 Sleep from After Deployment  
 PHQ-9  
 PCL-M  
 Others are currently being considered



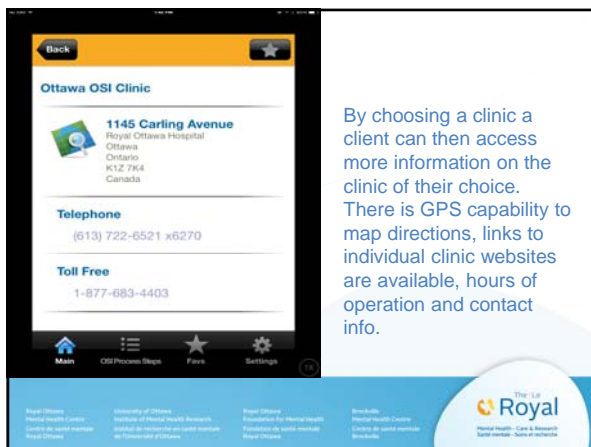
This button breaks down the process of being referred to an OSI Clinic so that clients know what to expect.



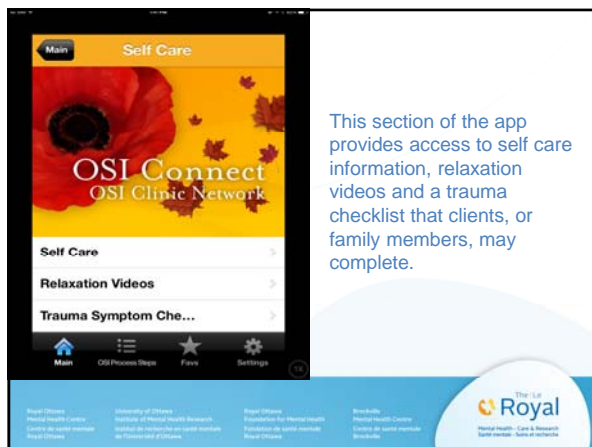
Each of the VAC funded Clinics are represented in the Find a Clinic section of the app.



Family members are able to access information on resources that they may access to for support for themselves, information on OSI's and resources that are available to them. In the resources section there is access to 200+ articles, videos to watch and program information for families.



By choosing a clinic a client can then access more information on the clinic of their choice. There is GPS capability to map directions, links to individual clinic websites are available, hours of operation and contact info.



This section of the app provides access to self care information, relaxation videos and a trauma checklist that clients, or family members, may complete.



**Connexion TSO**  
Réseau des cliniques TSO

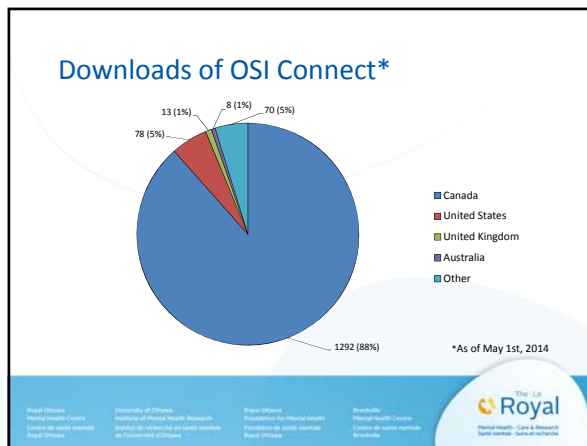
À propos Évaluation Adhésions Favoris

Les cliniciens Professionnels Ressources Vidéos

Principal Espace/à-propos Favoris Paramètres

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While the majority of the information in the app is bilingual there are fewer videos and literature available in French. We are currently translating the handouts in the professionals tab to French to enhance the French version.



### Public Service Announcements

Public Service Announcements were developed to support the launch of OSI Connect and were distributed nationally and in English & French.

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