



Health  
 Metro Toronto Convention Centre  
**May 31 - June 3, 2015**  
E-Health Fun Run June 1, 2015

- From MTCC run west to Skydome (Rogers Centre) foot of John
- Left(south) through Rogers Centre to Bremner Blvd
- Right (west) on Bremner to cross Spadina to Fort York Blvd and Canoe Park
- **\*\*crossing Spadina and ALL intersections requires patience and caution\*\***
- Enter Canoe Park and around outdoor art
- Back out to Fort York Blvd left (west) to Cross Bathurst
- Continue on Fort York Blvd to cross Lakeshore \*\*Caution\*\*
- Left (east) in Coronation Park to Waterfront Trail
- Waterfront Trail to Queen's Quay
- Short jaunt through Little Norway Park and Totem Pole
- Continue east on Queen's Quay to Waterfront School
- Right (south) on Waterfront School path to Ireland Park at end of the silos
- Dramatic view of City skyline
- From Ireland Park run back out to Queen's Quay
- Short Right (east) to Dan Leckie Way
- North on Dan Leckie (**caution crossing Lakeshore Blvd**)
- Cross Yellow Bridge The *Puente de Luz* (Bridge of Light) ( to Front Street)
- Cross Front at Lights (carefully) and return (east) along Front
- Cross lights at foot of John-recover walk to start at MTCC

