

Automating Post Discharge Calls to Patients in Home and Community Care using IVR

Paul Boissonneault, M.Eng P.Eng, CHHIMS-CA Director – Information Systems and CIO, Champlain CCAC

eHealth 2015 Conference Session CS36.2

2015-06-02

Presentation Outline

- Review the business opportunity
- Describe the implementation of automated processes for completing post discharge calls
- Present the Pilot evaluation results
- Going Forward

Business Opportunity

- Champlain CCAC (with other CCACs) introduced Standards of Care (SOC, now "Guidelines of Care") calls in April 2013
- Increase contact with patients
 - Only about 15% of calls were being completed due to human resource constraints
 - Require ability to quickly identify and address patient experience and quality issues
 - Identify the subset of patients who require personal follow-up
- Save cost
 - Estimated that completing 75% of the proposed SOC calls would cost ~ \$194,000/year

Call Automation Project Objectives

- Assess technical and economic feasibility of the application of Interactive Voice Response technology
 - Effectiveness of the technology at contacting and completing calls to patients
 - Effectiveness of identifying appropriate patients for personal follow-up
 - Efficiency of the solution technology plus related Staff costs
- Patient acceptance of the technology
- Minimize risk cost, staff disruption and CCAC reputation



Call Automation Project Activities

- Selected an IVR Partner through Merx process Vocantas
 - Health care experience
 - Employ speech recognition in all calls
 - Service bureau model (no major up front investment for the CCAC)
- Design
 - Interactive call scripts
 - Business processes, roles and responsibilities
 - Detailed Evaluation Framework
- Development
 - Education materials/eLearning, educated staff
 - Solution design and data tracking
- Implement ~ 90 day pilot project for each type of call
- Complete detailed evaluation
- Go/No Go decision for production by call type





Evaluation Framework - Specific to each Call Type

Achieving the guidelines of care targets (statistical)

٠

- Did we meet the guidelines of care for call completion?
- Were the Questions appropriate?
- What is the utility of IVR calls?

Clinical Value (chart reviews)

- Did the Post discharge calls provide clinical value?
- Are we targeting the right patient populations?
- Which patient populations benefit the most from the calls?
- Did we improve patient outcomes?

- Patient Perceptions (follow-up telephone survey)
 - Was the IVR system acceptable?
 - What was the patients' perceived value of the IVR Calls?
 - What is the patient perception of the IVR technology?

Economics and Efficiency (cost/benefit)

- What is the feasibility of using the IVR for SOC calls?
- What is the net benefit of using the IVR system to support SOC calls?
- What was the impact of the use of IVR on staff workload?
- Are there cost savings?

First IVR Application - Post Discharge Calls

- Approach followed existing provincial approach to post discharge call questions
 - Questions to determine if patient is managing well at home and if their condition has worsened
 - Ask patient if they have questions or concerns
- Patient population focus
 - Short Stay adult patients
 - Select Long Stay adult populations
- Pilot project scope
 - 90 day pilot, about 1200-2000 calls
 - Executed pilot April 28 July 31, 2014

Post Discharge Call Flow

- Introduction
- Ask for/confirm patient (or primary caregiver)
- O1. Are you Managing well at home?
 Answer: Yes or No
- O2. Has your condition worsened since tour discharge?
 Answer: Yes or No
- O3. Would you like someone from the CCAC to contact you?
 Answer: Yes or No
- (If no to Q3) Q4. Do you need any further information related to health services available in your community?
 - Answer: Yes or No
- Closing

What Did the Post Discharge Calls Sound Like?

- Post Discharge call Pilot English
- Post Discharge call Pilot French





Pilot Call Completion Results – All Patient Populations

Call Result	Manual process	Counts	% of Total	
Unique Patients called		1224		
Answered Call*		902	74 %	
Answered all Questions	13%	537	44 %	
Patient Requested call-back		121	9.9 %	
Answering Machine/voicemail	3%	218	18 %	
No Answer/Contact		104	8.5 %	
Total clients Contacted**	16%	1120	91.5 %	

*An 'Answered Call' is when the person answering the phone acknowledges they are the past Patient or Caregiver during the call introduction

** 'Clients Contacted' includes 'Answered' and when Voicemail was left

Pilot Call Completion Results – Comparing Population Segments

Call Result	Short Stay (SS)		Long Stay (LS)	
Unique Patients called	585		634	
Answered Call	449	77 %	450	71 %
Answered all Questions	295	50 %	242	42 %
Patient Requested call-back	46	7.9 %	75	11.8 %
Answering Machine/voicemail	102	17 %	115	18 %
No Answer/Contact	34	5.8 %	69	11 %
Total clients Contacted	551	94 %	565	89 %

Not a large statistical difference of Short Stay and Long Stay patient populations from overall results

Requested Call-Back Results – Chart Note Analysis

- 118 CHRIS notes analyzed
- 90 Follow-up calls Reasons for requested call-back:
 - New referral for same client 5
 - Request for spouse to be assessed for services 2
 - Request an increase in services 2
 - Medical questions from patients 5
 - CCAC services questions 8
 - General questions 6

Ch

- Questions related to CSS/potential other services 11
- Voicemail left or could not reach patient 13
- No reason or action recorded by TA in CHRIS 10
- Call-backs requested by patient in error or patient indicated call back not really required – 22
- SDM wanted to update CCAC on patient's condition 6

39 Call-backs (43%) had clinical value

Post Pilot Telephone Survey – Results

- Conducted a manual telephone survey to evaluate patients' views of the value of IVR
- Total patients contacted: n = 169
 - Short Stay population = 65
 - Long Stay population n = 104
- Patients who answered/completed the calls: n = 143
 - SS = 56
 - LS = 87
- Patients who did not answer or hung up: n = 26
 - SS = 9
 - LS = 17

Telephone Survey Results – Completed IVR Calls









Telephone Survey Results – Hang-ups/Incomplete Calls









Evaluation Conclusions (1/4) – Achieving SOC Targets

- Did we meet the guidelines of care for call completion? –
 Yes
- Were the questions appropriate? For the most part Yes
 - Area for improvement identified Replace the second question which proved of limited value
- What is the utility of IVR Post Discharge? High

Evaluation Conclusions (2/4) – Clinical Value

- Did the Post Discharge calls provide clinical value Limited
- Are we targeting the right patient populations? Yes
- Which patient populations benefit the most from the post discharge calls? – Long Stay Populations
- Did we improve patient outcomes? No evidence observed

Evaluation Conclusions (3/4) – Patient Perceptions

- Was the IVR system acceptable to patients? Yes
- What was the patients' perceived value of the IVR Calls? – Useful
- What is the patient perception of the IVR technology?
 Positive

Evaluation Conclusions (4/4) – Economics and Efficiencies

- What is the net benefit of using the IVR system to support SOC Post Discharge calls? – High
- What is the feasibility of using the IVR for post discharge and Initial Contact calls? – High
- What was the impact of the use of IVR on staff workload? – Significant Reduction
- Are there cost savings? No, but significant cost containment

Going Forward

- Post Discharge calls production
 - Statistical evaluation on a quarterly basis continued successful contact rates
 - Minor changes to the Post Discharge call script prior to production
 - Full re-evaluation approaching end of first year
- Initial Contact/Initial Visit Verification calls
 - Successful Initial Contact Call Pilot: Sept Dec. 2014
 - moved to production on Jan. 2, 2015
- Implemented pilot using IVR for Waitlisted Patient follow-up calls
 - Began March 30, 2015 -> target completion July 2015

Acknowledgements

Project Team Members

- Laurie Regnier
- Shannon Haggerty
- Fiona Wall
- Tasmia Mulji
- Chris Beausoleil
- Jeff Thompson
- Christian Gagnon
- Juhee Anderson
- Jamie Stevens
- Paula Greco
- Paul Boissonneault

Champlain CCAC

Project Governance

- Kim Petersen
- Sophie Parisien
- Glenda Owens
- Claire Ludwig
- Jamie Stevens
- Paula Greco
- Paul Boissonneault



Questions?

For more information contact:

Paul Boissonneault

613-745-8124 ext. 5949 paul.boissonneault@champlain.ccac-ont.ca



Appendix A

Initial Production Statistical Results

Call Completion Results - Post Discharge Production

Call Result	Manual	Pilot		Production Q3 2014-15		Production Q4 2014-15	
		Count	%	Count	%	Count	%
Unique Patients called		1224		2314		2251	
Answered Call		902	74 %	1761	76%	1729	77%
Ans. all Questions	13%	537	44 %	1265	55%	1260	56%
Requested call-back		121	9.9 %	226	9.8%	251	11%
Answering Mach./VM	3%	218	18 %	393	17%	410	18%
No Answer/Contact		104	8.5 %	150	6.9%	112	5.0%
Total Patients Contacted	16%	1120	91.5%	2154	93.1%	2139	95%

Continued minor statistical differences between Short Stay and Long Stay patient populations